

# First Unitarian Universalist Church of Winnipeg

## ***The Communicator*** **February 2022**

Sunday Services via [Zoom](#) at 10:30 am

### ***The theme for February is Power***

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The deadline for the March 2022 issue is **Monday, February 21st, 2022**

**February 6, 2022 at Noon,  
Winnipeg time**

**CUC Sharing Our Faith National  
Sunday Service**

***Celebration and Contemplation: The  
Path of an 8<sup>th</sup> Principle***

*With Revs. Victoria Ingram and  
Meghann Robern*

Come celebrate our commitment to dismantling racism and systemic barriers to full inclusion for all people.

**February 13, 2022**

***Maintaining Winnipeg's Urban Forest***

*Leader: Richard Westwood, and  
members of the UU Social Justice/  
Green Action Team*

*Coordinators: Marian Siemens, Steve  
Lennon*

Trees provide many important benefits, including cooling our streets in the summer, reducing rainwater runoff and air pollution, improving mental and physical health, and beautifying our city. But Winnipeg's urban forest faces significant challenges from insects and disease, climate change, urban development, and resource strains. Dr. Richard Westwood will discuss values, issues, and solutions in maintaining Winnipeg's magnificent urban forest.

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**February 20, 2022**

## **Get Back**

*Leader: Steve Lennon*

*Coordinators: Sarah Cummings, Steve Lennon*

We keep hoping, during this pandemic, that we will at some point get back to normal, whatever we believe that to be. But we feel powerless to affect much change in that direction. What is it that we really need to get back to and, apart from the in-person social interaction events we were used to, what are some other ways we can pursue in order to get back?

**February 27, 2022**

## **Power: Trust Yourself**

*Leader: John Beckett*

*Coordinators: Odell Havsdotter, Steve Lennon*

We are taught to fear power. Not just what it can do, but what it can do to us. We remember Lord Acton's words "power corrupts and absolute power corrupts absolutely" – and we see evidence he was right. Perhaps in a perfect world, power would be so evenly distributed that it could neither be abused nor corrupt anyone. But we do not live in such a world. In this service, we will look at the nature of power, how ordinary people can exercise power, and how we can do so in alignment with our principles and values and toward our vision of a better world here and now.



## **Board Notes**

*by Marlene Schellenberg, President*

February is a time that many of us look for an extra boost of energy or inspiration to keep us going until the sun warms our days. You can find much of that energy

and inspiration in our congregation.

We are in the heart of our first year of interim time since our beloved DLFDA Andrea James retired. The Board has decided to use the next five months to do some of the exciting work recommended in an interim period. We spent two Saturdays in retreat in January focussed on creating opportunities for the congregation to come together to live into our Mission.

On January 30, an after-church Town Hall was booked to offer an opportunity for questions and answers between the Board and the congregation. The dialogue that emerges from this Town Hall will help shape an agenda for two x 2-hour All-Committee/Board workshops to identify actions this congregation will take to live into our Mission. The first part, to be held on February 19, will offer an opportunity for interested congregants, regardless of committee connection, to express their vision for action. We invite you to frame your vision by the following questions:

- What areas of our community are priorities?

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## Board Notes continued

- What areas of our community are in need of investment?
- What resources do we have in our community to support our work?
- What can we let go of for now?
- Where do we need to strengthen connections, collaborate, or streamline?

The Board will then develop a plan to present for congregational feedback and approval at the second part of this workshop series on March 19. The workshops will be facilitated by Deb Weiner, with whom we have contracted to provide interim support for our Religious Explorations. Last month's Communicator had details of Deb's work with us.

In other areas, we are putting together a strong staff to maintain our building. Our Rental Strategy Team led by Liz Redston created a dynamic plan to develop the self-sustaining rental revenue. The Board is working through that team's road map to hire staff and implement the team's work.

The Handling Conflict Working Group has faithfully responded to the Board's

request for action on the recommendations from our Shared Ministry Team. Upon the working group's recommendation, the Board has contracted with an expert in the field of conflict resolution, Janet Schmidt, and who will be offering a series of 6 x 2.5-hour training workshops in handling conflict. More information is shared on page 4.

Finally, we must address the practical aspect of financial sustainability. Our Aspirations and Principles call us to open our community to all, regardless of economic status. We welcome every member of society to help contribute to the creation of a beautiful world, regardless of capacity. That means that for those of us who are able, we must contribute our financial resources to the best of our ability. We trust that in the months to come, you will respond to our pledge, donation, and stewardship requests with a generosity that matches your capacity.

With deep gratitude for your commitments to our beautiful community,

*Marlene Schellenberg*

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## Request for Music Team Help



We'd like to put together a music team to support our Sunday services programming until we hire a new music director.

Members of this music team would work together with Sunday service coordinators to select music for Sunday services from March 1 to the end of July 2022. If you are interested in serving on this music team, please email Brian Klowak at [vrc@uuwinnipeg.mb.ca](mailto:vrc@uuwinnipeg.mb.ca) (vrc stands for "Volunteer Resource Committee").

There are many resources and copyright-friendly recordings available on the UUA Worship Web. Ideas for other music resources and local performers would be welcome.

Kathie Beach-Nelson, Brian Klowak, and Debby Lake have agreed to work with our Board President Marlene Schellenberg to search for a new Music Director. We hope to hire someone to start August 1 2022. Let us know if you would like to help with this, too!

Thanks for considering this invitation to serve our congregation!

## Handling Conflict Constructively

*by Paula Keirstead*

I need to make a confession. Whenever anyone would ask me why I didn't belong to any organized religion, I would respond that I had nothing against it but the only problem is that people are involved! Let's face it whenever a group of people get together sooner or later a disagreement or misunderstanding comes up and tensions develop.

Have you ever been in a church committee meeting with lots of different viewpoints and felt like you couldn't disagree? You wanted to speak but felt you were unsure how others would react.

You know it is really amazing that human beings are able to work together as well as we do, considering the many challenges of communicating clearly with one another! After all we each bring our own perspectives, opinions and agendas every time we speak to one another. This isn't a bad thing but I think we often forget this in our interactions. Add to this that only between 10% to 20% of our communication is relayed by the actual words we say. The rest of the message is relayed by our tone of voice, facial expressions and behaviour. Voila we have a recipe for miscommunication!

This reality of what it means to be a human being can sometimes result in a conflict or difference of opinion. Wrestling intellectually with other points of

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view is **not** the problem. It is inevitable. **How** we wrestle with these differences can make or break understanding one another and working together effectively.

Our UU Rights Relations Covenant outlines how we should treat one another as we gather and work together. In the Shared Ministry Team 2021 report, following its review of how our church deals with conflict it recommended, among other things, that we review our Rights Relations Covenant to make sure it is still relevant, and that training on handling conflict constructively be offered to our congregation to enhance our individual and community skills.

To this end our Board of Directors decided to allocate some of the funds that have not been used for the salary of a Director of Lifespan Education toward some conflict training, review of our Covenant of Right Relations, and the development of processes, structures and policy to guide our congregation in handling conflict.

A notice went out from the Board inviting any congregants interested in being involved in working on these matters to attend a zoom meeting late last year. So eight of us appeared on zoom and six of us has formed the Handling Conflict Working Group, Barbara Rudyk and myself are co-leads, Peter Miller, Esther Kathryn Klassen, Carolyn Garlich and Elle Chailife are members.

We have reached out to Janet Schmidt, a very skilled trainer in the

field of handling conflict, who does quite a bit of work with Mediation Services. The President has signed a contract with Ms Schmidt and the first deliverable is to set up six, 2.5 hour sessions discussing conflict on Saturdays from 9:30 am to 12 pm. The dates are:

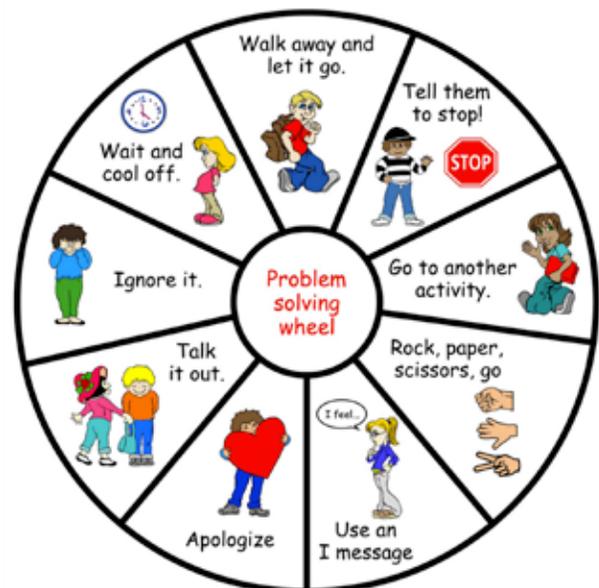
February 12 and 26, March 12 and 26, and April 9 and 23.

This will be an amazing opportunity for 25 participants to explore how they deal with conflict in any part of their lives and learn more effective skills!

Our hope is that everyone will attend all six sessions.

If you are interested please email the office at [office@uuwinnipeg.mb.ca](mailto:office@uuwinnipeg.mb.ca) and include your name, email address and telephone contact information. Deadline to register is February 11, 2022.

## What can I do?



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## Powering Up Our Church...”Technically” Speaking

by Jim Gardiner and Peter Miller

We used to meet in person at 603 Wellington Crescent. Currently we meet by Zoom.

Someday we hope to meet both ways together as a hybrid community.

How can we do that well? And what technical resources can help make the most of the experience? The Tech team is working on the last question to take advantage of three grant opportunities.

### Tech Grants!

Our AIM team received \$1,500 to provide “Access for All Through Technology” from the William P West Trust Fund. Another \$5,000 came from a provincial TechUP grant.

Now the PowerUP grant has helped us to plan with a larger lens. The Tech Team is working to weave these three together with a more comprehensive strategy and additional supporting

equipment and training to be financed by the \$25,000, \$5,000 and \$1,500 grants. This will all need to be completed by the end of March.

Covid has forced churches to re-experience themselves as digital organizations with physical locations. We have a global reach with active participants - and staff - from afar, and that could well increase. The same is true for weddings, funerals, and other celebrations and performances. We also need to enhance on-demand access to recorded sermons, services, and events. Virtual and flexible staff teams may become the new normal, requiring new coordination and digital support skills.

Your comments, questions and thoughts over the next few days are welcome. Send them to [p.miller@mymts.net](mailto:p.miller@mymts.net).

## Rev. Meghann Robern Away



First UU Church of Winnipeg is proud to meet the Fair Compensation Guidelines of the UUA. These guidelines ensure that we take good care of our professional staff and recognize the importance of adequate paid vacation time (four weeks per year), as well as study leave (four weeks per year) and sabbatical (one month for each year of service). Rev. Robern will be combining these three portions of her contract for the next six months to return July 1, 2022.

We wish her rest and renewal during her absence.

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## Introduction to Volunteer Resources Committee

Hello! We're the reactivated Volunteer Resources Committee (VRC) ready to serve you with energy and enthusiasm.

VRC members have begun reaching out to committees to help them establish and maintain a robust volunteer component in the church. Tell us about the work of your committee and where you want assistance. What things aren't getting done? What might be tiring you? What volunteer skills and availability are you looking for?

We'll also share impromptu volunteer activities for individuals who have an hour or two to pitch in occasionally. A little aerobic snow shovelling perhaps? Help us move furniture so a rental can come in? Write a brief article, take a few photos, or help host

an occasional Zoom event? (The Zoom suggestion is for individuals who don't think highlighting is something done with a yellow magic marker!)

Volunteers who are waiting to share your time and talents, please give us a shout at [vrc@uuwinnipeg.mb.ca](mailto:vrc@uuwinnipeg.mb.ca). Let us know your possible areas of interest, and we'll follow up with you.

We're looking forward to working with you all to build our UU community!

Norm Cobb

Jim Gardiner

Carolyn Garlich

Brian Klowak

Barb Rudyk

Marlene Schellenberg – President &  
VRC Board Liaison

Sonya Watson, VRC Chair



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## All-Committee/Board Workshops

by Marlene Schellenberg



**February 19 and  
March 19  
from 10:00 am  
to Noon**

The Board of Directors will be hosting a gathering of committee chairs and other interested

congregants to hear about priorities you see in your work that support the Mission we wrote last year. We plan to host this in two x two-hour sessions. So please begin discussions in your committee meetings to determine the work you want to do that aligns with the Mission of the church. We invite you to think about these questions:

- What areas of our community are priorities?
  - What areas of our community are in need of investment?
  - What resources do we have in our community to support our work?
  - What can we let go of for now?
  - Where do we need to strengthen connections, collaborate, or streamline?
- You can reach us anytime. Contact your president, Marlene Schellenberg, at [president@uwinnipeg.mb.ca](mailto:president@uwinnipeg.mb.ca) or 204.960.3218. You can also send general questions to [office@uwinnipeg.mb.ca](mailto:office@uwinnipeg.mb.ca)

\*Please note that "All-Committee" includes one or two members from each committee, as well as anyone interested in living into our Mission.

To sign up and receive the Zoom link please send an email to the office as listed above.

## Pastoral Care – While Our Minister is Away

If you are experiencing a pastoral care emergency, please call or text Bonnie Thiessen at: 204.390.3299.

For non-emergency pastoral care for yourself and family members, or to let us know confidentially about someone in the congregation in need of care, please contact our Pastoral Care Team at:

[pastoralcare@uwinnipeg.mb.ca](mailto:pastoralcare@uwinnipeg.mb.ca)

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## Financial Education Seminar

Two Fridays, February 4 & 11, 2022,  
1:30 – 3:30 pm



These sessions are designed to help UU members of any age cut through much investment information hype; help you cut your

investment costs thereby increasing your returns and better understand that investing ethically needs to be done cautiously. What is really “under the hood” matters - not what the brochures may say.

Do your financial interests and outcomes align with your UU values and desires? We will briefly review the ESG (environmental, social and governance) fund industry highlighting the advantages and challenges it presents.

We will review advisor best practices to help you assess whether you are getting your money’s worth from your advisor. Discussion will also include how to increase advisor accountability and help you assess if you are suited to do some or all of your investing.

These sessions are not just about information. That is everywhere. Investor information resources that enhance your independence, investment wisdom and skills will be reviewed. It’s not intended to replace professional advice, and participants are assumed to have basic investment knowledge.

Seminar facilitator Doug Wasyliv is a retired former Certified Financial Planner and a current volunteer Trustee of the church’s Endowment Fund.

A donation to the First UU Church of Winnipeg or its Endowment Fund is suggested, but limited means will not be a barrier to participation. Program sponsors are the Endowment Fund Committee and the Adult Programming Committee.

Please register through Doug at [ret-coachdjw@yahoo.ca](mailto:ret-coachdjw@yahoo.ca) and you will be sent the Zoom link.





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Pastoral  
Care



This ritual has been adapted for our new service format and the personal circumstances of the readers. Candles are no longer lit, and readers have the option to drop stones in a bowl of water to symbolize the thoughts that are shared, or to focus on the reading. As we (hopefully) move towards hybrid services and a return to the sanctuary for some, the Pastoral Care Team has decided to continue with this arrangement due to its smaller environmental footprint and impact on the church budget. With no candles involved, "Candles of Caring" doesn't accurately describe the ritual any longer, so we would like to introduce you to its new name "Sharing and Caring".

In addition to a new name, "Sharing and Caring" has a new behind the scenes process as well. You may have read or heard that we are requesting thoughts you would like to have shared during Sunday Service to be emailed to [candles@uuwinnipeg.mb.ca](mailto:candles@uuwinnipeg.mb.ca) by Saturday at 5 pm. The email box is monitored throughout the week by a Pastoral Care Associate who will respond to you to check in and let you know that your message was received.

In keeping with our community's Covenant of Right Relations, we seek to share our personal journeys with each other and, at the same time, to respect each other by only sharing others' per-

sonal information with their permission. If your caring thoughts are being extended to other individuals, please indicate in your message that you are sharing their information with their permission.

Early Saturday evening, the Pastoral Care Associate will gather your thoughts and share them with the week's reader. This allows the readers to familiarize themselves with the words and prepare for reading before the tech rehearsal on Sunday morning. This timeframe also allows the Pastoral Care team and readers the opportunity to honour commitments they have to their families and the other responsibilities in their lives.

If you miss the 5 pm deadline, you will still hear from a Pastoral Care Associate! In addition to checking in with you, the Associate will ask if you would like your thought to be shared in the Sunday afternoon Caring Community email, or if you would prefer to save it for the next weekend when it can also be read aloud. We are grateful to everyone for being considerate of the time the Pastoral Care Team and Sharing and Caring readers take to prepare for Sunday Service and support our community.

Please let the Pastoral Care team know if you have any questions - we can be reached at [pastoralcare@uuwinnipeg.mb.ca](mailto:pastoralcare@uuwinnipeg.mb.ca)

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## A Message from the Church Harvest Committee

by Brian Klowak



We would like to thank the congregation again for your

generous support of the the Orange Appeal program this year.

Over the four weeks before Christmas we distributed, on average, 32 boxes of oranges per week to the families attending our food bank.

Whereas we have traditionally purchased oranges from the Maryland Food Fare, the high and fluctuating prices of oranges had us shopping for the most economical locations to buy from, which ended up being from a different store each week. We opted for clementine oranges instead of mandarins this time around.

We have some money left over which we will use to purchase powdered milk throughout the year.

Our Harvest Manitoba sponsored food bank continues to operate with six volunteers accommodating potentially up to 35 households per week. The pandemic has dramatically changed how we go about distributing food. We like to think we have things down to a science but continue to find ways to streamline the operation.

Our goal is to keep our volunteers and clients safe and warm over the winter.

## Our Volunteer Administrative Team

Who's doing what:

- Laurie Marcella - church calendar, [calendar@uuwinnipeg.mb.ca](mailto:calendar@uuwinnipeg.mb.ca)
- Cate Zeigl2r/Larry Phillips - donations, membership info upkeep, etc [office@uuwinnipeg.mb.ca](mailto:office@uuwinnipeg.mb.ca)
- Janet Toews/Anne Bigelow - bookkeeping, paying bills etc. [bookkeeper@uuwinnipeg.mb.ca](mailto:bookkeeper@uuwinnipeg.mb.ca)
- Darlene Payne - Rentals, [rentals@uuwinnipeg.mb.ca](mailto:rentals@uuwinnipeg.mb.ca)
- Marjorie Doyle - email, zoom bookings and telephone message pick ups, [office@uuwinnipeg.mb.ca](mailto:office@uuwinnipeg.mb.ca)
- Lori Battershill - all church email, [allchurchemail@uuwinnipeg.mb.ca](mailto:allchurchemail@uuwinnipeg.mb.ca)



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## Vespers Services

by Janine Reid



Too many tabs open? Join us for a weekly mind refresh on Tuesday at 6 pm CST on Zoom for our rejuvenated Vespers service. Consider building it into your flow as a weekly ritual, or dip in when you need a boost. You

will be offered a half hour of music and meditative readings to consider on your spiritual journey, followed by an optional half hour of conversation and connection with the group participants. The zoom link is listed on our website and will be the same every week.

Join Zoom Meeting: <https://zoom.us/j/93643328083?pwd=eX-hiMU1OQ2Ztb1cybU81RndtU3V5dz09>

Meeting ID: 936 4332 8083

Passcode: 928082

## Looking back at UU Members Clifford Patrick

by Gini Martin

"...Devoted to the promotion of free religious principles."

When I go past the church library, I note the name Clifford Patrick. Why is our church library named after him? Who was he?

The plaque in the library reads " In word and deed he was devoted to the promotion of free religious principles. This room was dedicated by friends to carry on his ideals, February 1962." Research was needed to answer the 'who'.

Clifford was born in 1912 in a small town in Saskatchewan. He attended the University of Manitoba for two years and normal school. In 1935, he taught at Portage School for Boys for a year. At the University of Toronto (U of T) 1937-38 he earned a diploma in social work. He worked in welfare in Dauphin, Manitoba. Later he received a degree in social work from the University of Chicago.

He joined the Canadian armed forces in 1942 serving overseas as a personnel selection officer. On his return to Canada in 1946, he worked for Veteran's Affairs to facilitate the adjustment of returning veterans to civilian life. He left the army in 1951.

While working for the Canadian Council on Welfare in Ottawa in the early 1950s, he was assigned to investigate the Winnipeg Welfare department

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The Winnipeg Free Press wrote in January 1961 " His appointment followed a report he compiled while serving as public welfare secretary of the Canadian Welfare Council on Winnipeg's Welfare Department. His report rocked council with details of shabby handling of welfare cases, lack of co-ordination between administrators and social workers, lack of trained personal and poorly equipped quarters."

When Winnipeg City Council decided to hire a new director, Clifford Patrick was hired as the first qualified social worker to head Winnipeg Welfare. The family moved to Winnipeg in 1956. As head of Winnipeg Welfare, he immediately instituted changes.

The 1961 Free Press quotation continued: "He was a firm believer that the role of the Welfare Department was to rehabilitate able bodied persons on relief, not simply to act as a processing agency for relief payment. His new broom approach to welfare over the past four years brought new efficiency to the department. As a department head he was a determined advocate of public housing. He frequently deplored the fact openly that city welfare rental allowances were going to line the pockets of slum landlords".

When he was in Winnipeg to evaluate the department, he said, as quoted in the Winnipeg Free Press on May 26 1955. The philosophy which governs the department will be a major consideration. He mentioned that the service should be "given kindly, considerately and efficiently". He believed in hiring 'qualified social workers'.

They more than pay for themselves in improved service.

Clifford was on the Board and later president of the Ottawa church in the 1950s then called the Church of Our Father. In Winnipeg he was on our Church Board, and later Board Chair. At the time of his death in 1961, he was President of the Western Canadian Unitarian Conference.

Tragically, he died at age 48. At the memorial service January 1961 in the church at Banning and Sergeant Streets, Reverend Phillip Petursson said: "...a man of quiet sincerity and integrity. ...of idealism and faith ...idealism in the goals he set for the well being and the benefit of his fellow men of high or low estate. And faith in the worth and dignity of all men of whatever condition or place in life. He was... an idealist, and yet he had the capacity for making his ideals real, to put into practice the things he envisioned."

Clifford Patrick's unexpected and untimely death was a tragedy for his family, his church and the profession of social work. His contributions were significant. He was reported to be an avid reader and owned a large library. So it was a year after his death, in 1962, his friends dedicated the church library to him.

Knowing something about his life and his commitment to professionalism and to the church, we can appreciate the reasons for the dedication. So when you pass the church library, look at the plaque and reflect:

"...He was devoted to the promotion of free religious principles."

# The Communicator



**YOUR VOICE  
MOVES  
US FORWARD**

## Reminder

The Board of Directors is holding a town hall meeting on January 30th, 2022. We will take a 15 minute break after the Sunday Service (no break out rooms for this day only). We'll reconvene on the same Zoom link after that. Check the Board Report and the all church email for questions posed.

Please submit materials to the editor Marjorie Doyle by email to:  
[communicator@uuwinnipeg.mb.ca](mailto:communicator@uuwinnipeg.mb.ca)  
The **deadline** for the **March 2022** issue is:  
**Monday, February 21st, 2022**

The opinions of the authors are their own and do not necessarily represent those of the Board of Directors, the editorial board, the newsletter editor, or the church minister.

## Who's Who

Minister - on various leaves  
**the Reverend Meghann Robern**  
[minister@uuwinnipeg.mb.ca](mailto:minister@uuwinnipeg.mb.ca)

Director of Lifespan Faith Development  
**Vacant**

[dlfd@uuwinnipeg.mb.ca](mailto:dlfd@uuwinnipeg.mb.ca)

Consultant

**Deb Weiner (January 1-April 30, 2022)**

Lay Chaplain

**Darlene Payne**

Board President

**Marlene Schellenberg**

[president@uuwinnipeg.mb.ca](mailto:president@uuwinnipeg.mb.ca)

Pastoral Care Coordinators

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[pastoralcare@uuwinnipeg.mb.ca](mailto:pastoralcare@uuwinnipeg.mb.ca)

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**Vacant**

[music@uuwinnipeg.mb.ca](mailto:music@uuwinnipeg.mb.ca)

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