

PNDC PARENTING

Powerful Non-Defensive Communication
for Parents and Caregivers

Facilitators

Melinda Gehris Lauren Adams Greg Evans Pat Lane

VIRTUAL WORKSHOP

7 PM TO 8 PM

THREE PART PROGRAM

ON CONSECUTIVE

MONDAYS IN 2021

MARCH 1st, 8th, and 15th

Please register by

February 15, 2021

Cost of \$15.00
for download of

Taking the Power
Struggle Out of
Parenting

Sharon Ellison
and
Ami Atkinson



OPEN HYPERLINK HERE TO REGISTER:

<https://uuwinnipeg.mb.ca/learning-overview/adults/deep-dives/taking-the-power-struggle-out-of-parenting-caregiving/>

This program will be helpful for parents, teachers or other caregivers who want to develop their communication skills with children and youth, or those who want to strengthen their Powerful Non-Defensive Communication skills in general.

It will use the “flip learning” method. Individual preparation work of approximately 1.5 hours before each session will involve listening to downloads from Sharon Strand Ellison’s and Ami Atkinson’s “Taking the Power Struggle Out of Parenting” .

The one hour Zoom sessions will involve a review of the concepts through presentation and power point materials, and an interactive discussion with the participants. Limit setting, asking curious questions and making statements will be covered.

Lauren Adams and Melinda Gehris are talented mediators working in New Hampshire. Greg Evans and Pat Lane are collaborative lawyers here in Winnipeg. All facilitators have extensive experience in teaching the concepts of Powerful Non-Defensive Communication. The format for this workshop has been very well received.