Why talk about death...
We talk about so many things in life, and yet seem to avoid the very thing all people have in common - death. What if we found ways to talk more often and more easily about death, dying and grief with ourselves, friends and family? Would we find a greater peace or sense of liberty? Could we, perhaps, live well by doing death better?

Come join us for Inquiring Minds – Dialogue on Death and explore topics that are meaningful to you. Most events are free and are open to everyone. Please sign up using the website event links or send us an email if you have questions or need assistance.

See Calendar of events online at www.uuwinnipeg.mb.ca

SPECIAL EVENTS
Friday, October 4 | 7pm
Free public movie “A Family Undertaking” as part of a weekend workshop with Community Deathcare Manitoba.

Saturday, October 19 | 6pm
Open to all potluck supper - Death over Dinner as part of national event “Swan Song” with Community Deathcare Canada.

Month of October
The Reflection Room installation of travelling exhibit sharing stories and experiences from people talking about death, dying and grief. Create your own story card and become part of the exhibit. Open to visit during Sunday services and church events. See inside for the calendar.

October 26 - November 3, 2019
First Unitarian Universalist Church of Winnipeg
603 Wellington Crescent
www.uuwinnipeg.mb.ca
Saturday October 26
RESOURCE FAIR 10am – 3pm
Table displays and the ability to talk to support groups, agencies and businesses.

11am to 2pm
Q & A presentations on the hour.

MOVIE 5pm – 9pm
Join other families for potluck, watch “Coco” and stay after for conversation.

Sunday October 27
CHURCH SERVICE “SAMHAIN” 10:25am
Celtic “Summer’s End” - the Darker Half of the year with guests from Comfort Choir.

12 Noon – 1pm
Open discussion in the living room after service.

Monday October 28
BOOK DISCUSSION 1 – 3pm
Select from one of three books and join a facilitated discussion.

PANEL DISCUSSION 7 - 9 pm
Interfaith Perspectives on Death hosted by Rev. Meghann Robern with guest faith leaders from neighbouring congregations.

Tuesday October 29
DEATH CAFÉ 1 - 3pm
Held in over 65 countries to date, this discussion group activity is designed to increase awareness of death to help people make the most of their finite lives.

GREENER DEATH OPTIONS 7 - 9pm
Learn how new “greener” options may change the funeral industry. Presentation and discussion with Peter Miller and Jackie Avent.

Wednesday October 30
MOVIE EVENT 1 – 3pm
UNDERSTANDING MAID 7-9pm
Presentation and discussion with Dr. Kim Wiebe, Medical Assistance in Dying, and the Ayre family.

Thursday October 31
DEATH CAFÉ 7 - 9pm
Held in over 65 countries to date, this discussion group activity is designed to increase awareness of death to help people make the most of their finite lives.

Friday November 1
COMMUNICATIONS WORKSHOP 9:00am – 3:30pm
“How to talk about Death”– “a doing death better” course with content by Sarah Kerr, PhD, Death Doula (bring a bag lunch).

MOVIE OR ART NIGHT 6:30 – 9PM
Join the movie event OR participate in art collage creation – Reflecting your life.

Saturday November 2
WORKSHOPS
Living well by planning for death.
Choose from:

HALF-DAY session (one or both)
9am – 12noon
Advance Care Directives presented by Dying with Dignity.

12 – 1pm
Lunch

1:15 – 3:30 pm
Planning a Memorial Service for yourself and others.

FULL-DAY sessions
9:00 – 3:30 COMMUNICATIONS WORKSHOP “How to talk about Death” - a doing death better course with content by Sarah Kerr, PhD, Death Doula.

Sunday November 3
CHURCH SERVICE 10:25
All Souls Day followed by soup lunch for all.

Everyone welcome! Join in the conversation.
LEARN MORE AND SIGN UP: www.uuwinnipeg.mb.ca